

## Actoplus met is FDA Approved

The Food and Drug Administration (FDA) has approved Takeda Pharmaceuticals North America, Inc's (Lincolnshire, Ill) New Drug Application (NDA) for Actoplus met for the treatment of type 2 diabetes.

Actoplus met combines pioglitazone HCl and metformin in a single tablet. Actos directly targets insulin resistance, and metformin acts primarily by reducing the amount of glucose produced by the liver. These medications work in combination to help patients with type 2 diabetes manage blood glucose levels.

To offer physicians greater flexibility in treating patients'

needs, Actoplus met is available in two doses – 15 mg/500 mg and 15 mg/850 mg – both given once daily or in divided doses not exceeding 45 mg pioglitazone and 2,550 mg metformin, as mentioned in the approved labeling.

Actoplus met is indicated as an adjunct to diet and exercise as a way to improve glycemic control in patients with type 2 diabetes who are already treated with a combination of pioglitazone and metformin or whose diabetes is not adequately controlled with metformin or pioglitazone alone.

For more information, visit [www.actos.com](http://www.actos.com).

## Blood Glucose Monitoring System Cleared

Abbott Diabetes Care (Alameda, Calif) has received FDA clearance to market its FreeStyle Connect blood glucose monitoring system in the point-of-care setting.

FreeStyle Connect measures glucose levels using 0.3 mL of blood, the smallest sample size required of any point-of-care blood glucose monitoring product. It provides results in an average of 15 seconds. Results are not affected by common over-the-counter drugs such as aspirin, acetaminophen, gentisic acid, uric acid and vitamins. FreeStyle Connect is also designed to seamlessly interface with any open point-of-care data management system.

FreeStyle Connect uses technology based on coulometric measurement that calculates virtually all of the available glucose in the blood sample, making it ideal for measuring a small sample size.



Revitamed's infrared system puts out between 640 nm and 880 nm at 100 mw. Flexible pads that hold the diodes can be molded to a patient's body, and the pads can be applied directly to the body part. There are seven user settings, and the system may also be turned to an automatic sequencing setting using a programmable timer.

For more information, visit [www.fasterhealing.com](http://www.fasterhealing.com).

## Foot File Removes Dry Skin

For dry and callused feet, using the Microplane Foot File on the sole and heel may help to exfoliate dead skin.

The device incorporates 95 stainless steel micro files to create a bidirectional exfoliating system. The foot file removes cracked and dry skin and allows the growth of healthy skin. Complete with replaceable buffing pads, the Microplane Foot File is more powerful than pumice and safer than a razor.

For best results, the file should be used on dry skin: Do not soak the feet before using on rough areas of the foot. Gently move the foot file across the rough areas, and increase pressure across drier spots.

If a smooth finish is desired, the protective cover doubles as a buffing pad. Individuals with diabetes foot wounds should consult a physician before using.

Microplane Foot File is the first personal care product made by Microplane. The company also has a line of kitchen products.

For more information, visit [www.microplane.com](http://www.microplane.com). ■



## Infrared Light Therapy

The Revitamed Infrared Light System, an alternative to other marketed infrared systems, is an affordable option to increase the speed of wound healing.

Several clinical studies have indicated that infrared technology may reverse the symptoms of diabetic peripheral neuropathy and help increase circulation and reduce pain association with this condition. It is a noninvasive technique that uses infrared and visible red light to emit diodes.